

CERTIFICATE

OF PARTICIPATION

This is to certify that

gerhardt mcilwainewright

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 02:01:09

PACE 09:18/km

OVERALL 85 of 108

GENDER 56 of 69

40 - 49 28 of 30

27 January 2019, Sun

Date



BoutTime